

Tehama County Health Services Agency
CHILDREN'S SERVICES

Children's services at TCHSA, MH are team based with the belief that successful treatment of youth with mental health issues requires family intervention from a multi-disciplinary approach.

CATT- Children's Access Treatment Team - The CATT meets several times a week, and reviews all assessments, crisis stabilization, and referrals for additional services. It is the responsibility of the team to review clinical information, make recommendations for treatment, and authorize services to be provided. In addition, the CATT reviews cases on an ongoing basis, as needed, especially when progress appears to be thwarted. Follow-up contact is made with the family to coordinate services, schedule appointments, etc.

Outpatient Services - Individual and collateral (family) therapy is available, provided by licensed and unlicensed social workers, marriage family therapists, and psychologists. These clinicians also participate in treatment planning with other agencies such as schools, Child Protective Services, Probation, and Far Northern Regional Center, in an attempt to involve all individuals impacting the child or family, and develop coordinated and comprehensive treatment plans.

Case Management - Another service available through the CATT is case management, provided by Case Resource Specialists. This service is also family-based. The case managers work closely with clinicians, psychiatrists, and other agency providers to coordinate services. In addition, case managers provide rehabilitation services to the youth as part of the overall treatment plan, coordinated with a clinician. This may involve learning or improving social skills, impulse control, anger management skills, etc.

SAMHSA - This is a grant-based service that targets seriously emotionally disturbed youth that are at risk of incarceration and/or substance abuse. The majority of these services are provided by a clinician at Juvenile Hall. At Juvenile Hall, Mental Health provides suicide risk assessments, crisis assessments, behavioral plan intervention, and ongoing counseling for youth and their families. In addition, SAMHSA also supports services at Red Bluff Union High School alternative education program, for high-risk youth that are not eligible for Medi-Cal.

School-based services - TCHSA, MH provides clinical services at several schools in Tehama County.

Medication Support Services - This service is provided primarily by one of TCHSA, MH's psychiatrists who actively participates in the CATT, and coordinates this service with clinicians and case managers.

TBS - This is a specialized service that is available for Medi-Cal eligible youth that are at risk of or have been in placement in a level 12 or higher residential care home or have been hospitalized in a psychiatric facility within the last 24 months. TBS is provided by contract providers, and is an intensive one-on-one behavioral intervention. This service must be closely coordinated with the assigned clinician, is very short-term, and must specifically target at risk behaviors.

