

Did you know that 1 in 4 people will be affected by mental illness?
May is Mental Health Month in Tehama County. Join the Tehama County Health Services Agency Mental Health Division for a community gathering to encourage treatment and help end the stigma and shame surrounding mental illness.

Eachmindmatters

*Mental illness is not an option,
but recovery is.*

Free Depression & Anxiety Screenings. Photo Booth. Salsa Contest. Food. Games. Live Music. Mental Health Fair. Balloon Launch. Volleyball. Lime Green Snow Cones.

Fun!

MENTAL HEALTH EXTRAVAGANZA

FRIDAY, May 12, 2017 11:00-2:00

**Red Bluff River Park 100 Riverside Way,
Red Bluff, CA 96080**

This free event is sponsored by:

