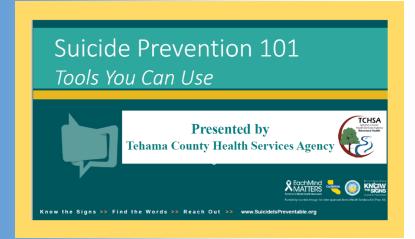


Pain Isn't Always Obvious

## KNUW THE SIGNS

Suicide Is Preventable





## What will you learn?



- Warning signs
- People at a higher risk
- How to talk to someone at risk
  - How to provide support
  - Local and national resources



But how do you sign up???

Go to the Eventbrite link below to register for an upcoming training:

https://www.eventbrite.com/o/tehama-countyhealth-services-agency-10873122780