



**Tehama County  
Health Services Agency**

JAYME BOTTKÉ  
EXECUTIVE DIRECTOR

ALEXIS ROSS  
ASSISTANT EXECUTIVE  
DIRECTOR, PROGRAMS

DEANNA GEE  
ASSISTANT EXECUTIVE  
DIRECTOR, ADMINISTRATION

MELISSA FIELD  
COMPLIANCE OFFICER

**Charla Sojka**  
*Consumer*

**Jean Shackelford-**  
**Chairperson**  
*Patient Care Services*

**Steven Becker**  
*Criminal Justice Rep.*

**Darbie Andrews**  
*Children's Advocate*

**Candy Carlson**  
*Board of Supervisors Rep.*

**Cheryl Boughton**  
*Community Representative*

# Tehama County

## MENTAL HEALTH BOARD

### Agenda

**Wednesday, April 17<sup>th</sup>, 2024**  
**12:15pm - 1:30 pm**

**Shasta Room, 1860 Walnut St, Bldg. D, Red Bluff, CA 96080**

[Click here to join the meeting](#)

**Call** [+1 805-456-4468](tel:+18054564468), [144960451#](tel:+18054564468) **Conference ID:** 144 960 451#

**Reminder, your microphone should be muted when you are not speaking during the meeting.**

#### I. Welcome/Introductions

#### II. Public Comment

This is a time set aside for Tehama County residents to address the Mental Health Board on items noted for discussion or consideration on this agenda, or issues under the purview of this Board.

#### III. Organization Updates & General Announcements

##### a. NAMI on Campus

- i. Report from Tehama County NAMI on Campus: Darbie Andrews, Children's Advocate

##### b. Restpadd

- i. Report by Laurie Lidie, Clinical Director

##### c. Wellness Center Group Activities

- i. Report by Consumer Representative

##### d. MHSA

- i. Report by Travis Lyon, MHSA Coordinator
  - Olive Grove Update
  - The Bluffs and Palm Villas Update

#### IV. Discussion and Possible Action

- a. Review, amend, or approve minutes from March 20<sup>th</sup>, 2024.
- b. Accept the resignation of board member: Jackie Hernandez
- c. Accept nominations for Vice Chairperson and possible vote

#### V. Director's Report

- a. Health Services Agency- Behavioral Health Updates by Alexis Ross, Assistant Executive Director, Program
  - i. Staffing Updates
- b. Department and State Updates by Jayme Bottke, Executive Director
  - i. Department and State Updates

**BEHAVIORAL HEALTH**  
**1860 WALNUT STREET,**  
**BLDG A**  
**MAILING ADDRESS:**  
**PO BOX 400**  
**RED BLUFF, CA 96080**  
**(530) 527-8491**  
**FAX (530) 527-0240**



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**VIII. Training Opportunities**

**IX. Additions or Changes for the next Agenda**

**X. Adjournment and Next Meeting Dates**

**2024 MHB Meeting Dates:**

January 17<sup>th</sup>  
February 21<sup>st</sup>  
March 20<sup>th</sup>  
April 17<sup>th</sup>  
May 15<sup>th</sup>

June 19<sup>th</sup>  
August 21<sup>st</sup>  
September 18<sup>th</sup>  
October 16<sup>th</sup>  
November 20<sup>th</sup>

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*Any written materials related to an open session item on this agenda that are submitted to the Mental Health Board less than 72 hours prior to the Board meeting, and that are not exempt from disclosure under the Public Records Act, will promptly be made available for public inspection at Tehama County Health Services Agency, Behavioral Health, 1860 Walnut Street, Suite A, Red Bluff, California, during normal business hours.*

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