



Tehama County

MENTAL HEALTH BOARD

Agenda

Wednesday, November 20, 2024

12:15pm - 1:30pm

**Conference Room, PATH Navigation Center, 550 Lay Ave
Red Bluff, CA 96080**

[Click here to join the meeting](#)

Call [+1 805-456-4468, 144960451#](tel:+18054564468) Conference ID: 144 960 451#

Reminder, your microphone should be muted when you are not speaking during the meeting.

Tehama County Health Services Agency

JAYME BOTTKÉ
EXECUTIVE DIRECTOR

ALEXIS ROSS
ASSISTANT EXECUTIVE
DIRECTOR, PROGRAMS

DEANNA GEE
ASSISTANT EXECUTIVE
DIRECTOR, ADMINISTRATION

MELISSA FIELD
COMPLIANCE OFFICER

NATALIE SHEPARD
BEHAVIORAL HEALTH
DIRECTOR

**Jean Shackelford-
Chairperson**
Patient Care Services

**Charla Sojka- Vice
Chairperson**
Consumer

Steven Becker
Criminal Justice Rep.

Darbie Andrews
Children's Advocate

Candy Carlson
Board of Supervisors Rep.

Cheryl Boughton
Family Member

Laurie Lidie
Community Representative

Wendy Lathum
Consumer

Nischa Gall
*Family Member
Representative*

**BEHAVIORAL HEALTH
1860 WALNUT STREET,
BLDG A
MAILING ADDRESS:
PO Box 400
RED BLUFF, CA 96080
(530) 527-8491
FAX (530) 527-0240**

I. Welcome/Introductions

II. Tour of Path Navigation Center

III. Public Comment

This is a time set aside for Tehama County residents to address the Mental Health Board on items noted for discussion or consideration on this agenda, or issues under the purview of this Board.

IV. Organization Updates & General Announcements

- a. NAMI on Campus
 - i. Report from Tehama County NAMI on Campus: Darbie Andrews, Children's Advocate
- b. Restpadd
 - i. Report by Laurie Lidie, Clinical Director
- c. Wellness Center Group Activities
 - i. Report by Consumer Representative
- d. MHSA
 - i. Report by Travis Lyon, MHSA Coordinator
 - No Place Like Home (NPLH) update.

V. Discussion and Possible Action

- a. Review, amend, or approve minutes from October 16, 2024.
- b. Review of membership application from Daniel Buchanan for Mental Health Board
- c. Discuss and/or approve integration of Drug and Alcohol Advisory Board with Mental Health Board.
- d. Review, amend, or approve proposed 2025 meeting dates.

VI. Director's Report

- a. Health Services Agency- Behavioral Health Updates by Natalie Shepard, MH Director
 - i. Staffing Updates
- b. Department and State Updates by Jayme Bottke, Executive



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VI. Training Opportunities

VII. Additions or Changes for the next Agenda

VIII. Adjournment and Next Meeting Dates

2025 MHB Meeting Dates:

January 5th	June 18 th
February 19th	August 20th
March 19th	September 17th
April 16th	October 15th
May 21st	November 19th

Any written materials related to an open session item on this agenda that are submitted to the Mental Health Board less than 72 hours prior to the Board meeting, and that are not exempt from disclosure under the Public Records Act, will promptly be made available for public inspection at Tehama County Health Services Agency, Behavioral Health, 1860 Walnut Street, Suite A, Red Bluff, California, during normal business hours.

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